

Patient name: _____

Date of birth: _____



BAPTIST HEALTH[®]

MEDICAL GROUP

GLUCOSE LEVEL REPORTING

If you are being seen by one of our endocrinologists for diabetes or diabetes-related issues, please bring in your glucometer and your glucose readings for the past two weeks. We have included a log that you can use to track your readings. As always, thank you for choosing Baptist Health Medical Group Endocrinology.

Blood test date	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fasting (before breakfast)							
2 hours after breakfast							
Before lunch							
2 hours after lunch							
Before supper							
2 hours after supper							
Bedtime							
Optional 2 a.m.							

Blood test date	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fasting (before breakfast)							
2 hours after breakfast							
Before lunch							
2 hours after lunch							
Before supper							
2 hours after supper							
Bedtime							
Optional 2 a.m.							